

## RESEARCH STUDY FOR MOOD SWINGS

Do you have an 11-13 year old child who struggles with mood swings? Do mood disorders run in your family?



### About

You and your child may be eligible for a research study at the University of Pittsburgh targeting mood swings in adolescents.

- 2 **mental health evaluations** at **no charge**
- 4 fMRI **brain scans**
- An 8-week **group** intervention
- Learn **mindfulness** or **wellness** skills to help manage difficult emotions
- **Compensation** provided

**CALL OR TEXT: 412-527-6231**

More contact info: [feldmanj3@upmc.edu](mailto:feldmanj3@upmc.edu)

Scan code to see if you & your child are eligible!

